



SPA

SPA MASSAGES

CAUAYAN SIGNATURE MASSAGE

P 4,300
/90 MINS

A timeless full-body Swedish massage that uses long, gentle, flowing strokes and stretching technique to induce deep relaxation, improves blood flow, relieves aching muscles, and eliminate toxins.

P 4,500
/120 MINS

(Inclusions: Footbath, Cauayan Signature Massage)

CAUAYAN DEEP TISSUE MASSAGE

P 4,600
/120 MINS

Designed to relieve pain and muscle tension throughout the body. This type of massage is extremely beneficial because it reaches the deepest layer of muscles, fascia (connective tissue surrounding the joints) and tendons.

(Inclusions: Footbath, Cauayan Deep Tissue Massage)

CAUAYAN FOOT REFLEX

P 2,600
/45 MINS

This treatment involves the application of pressure to reflex points on the feet using Cauayan sticks.

P 2,900
/60 MINS

(Inclusions: Footbath, Cauayan Foot Reflex)



IN-ROOM MASSAGES

GENERAL THAI MASSAGE

P 4,600
/110 MINS

It uses passive stretching and gentle pressure along the body's energy lines to increase flexibility, relieve muscle and joint tension and balance the body's energy systems. Thai massage can be both relaxing and energizing, so it is a good choice if you want to be active after your massage. Thai massage usually takes place on a mat on the floor, with the guest wearing loose or stretchy clothing.

THAI MEDICAL MASSAGE THERAPY

P 2,600
/30 MINS

Relief minor ailments, such as muscle sprains and pains, tennis elbow, stiffness of the neck, lower back pains, muscle cramps, muscle fatigue, muscle stiffness, and muscular discomfort.

KIDS MASSAGE

P 1,900
/30 MINS

A 30-minute gentle massage for kids (4-12 years of age) helps decrease muscle tension, increase range of motion, improve quality of sleep, provide more energy and increase concentration. This touch will stimulate the body in positive ways for the development and growth of children. (Requires parental consent)



SPECIAL PACKAGES

CAUAYAN BLISS

Indulge yourself with a Cauayan Signature Massage along with a soothing Cauayan Foot Reflex.

(Inclusions: Footbath, Cauayan Signature Massage, Cauayan Foot Reflex)

P 5,900
/120 MINS

EMPERORS GETAWAY

An ultimate treatment is suitable for men to escape from tired muscles and tension.

Beginning with your choice of a Body Wrap or Scrub, followed by a 90 MIN deep tissue massage using muscle balm to refresh your mind and body and ending off with a facial treatment.

(Inclusions: Footbath, Choice of Body Wrap or Body Scrub, 90 MIN deep tissue, Chocolate Facial)

P 9,800
/180 MINS

PRINCESS RETREAT

A perfect and blissful treat for your princess with Cauayan's signature massage using essential oils, and maintaining her glow with our facial treatment.

(Inclusions: Footbath, Choice of Body Wrap or Body Scrub, Cauayan Signature Massage, Chocolate Facial)

P 9,700
/180 MINS

FAMILY RETREAT PACKAGE

Two Cauayan Signature Massages for 90 MIN & One Kids Massage for 60 MIN.

P 9,100
/90 MINS

MUSCLE MELTDOWN MASSAGE

A timeless full-body Swedish massage that uses muscle balm for tension areas to induce deep relaxation improves blood flow, relieves aching muscles, and eliminates toxins.

P 4,900
/120 MINS



CAUAYAN BODY SCRUB & WRAP

AFTER SUN BODY WRAP

P 5,500
/120 MINS

A cooling treatment designed to help repair skin damage caused from sun and sea. It helps calm skin and reduces irritation induced by sunburn.

(Inclusions: Footbath, Body Wrap, Cauayan Signature Massage)

SEA SALT BODY SCRUB

P 5,600
/120 MINS

Designed to exfoliate and soften the skin. Starts with a full body scrub and ends with a relaxing Cauayan Signature Massage.

(Inclusions: Footbath, Body Scrub, Cauayan Signature Massage)



CAUAYAN DETOXIFYING TREATMENT

CHOCOLATE BODY WRAP

P 6,500
/120 MINS

Chocolate is very moisturizing and softens the skin leaving a luminous glow. Our chocolate indulgence Body Wrap will then be applied all over your body, full of antioxidants to protect your skin cells from short and long-term damage caused by free radicals in our environment

(Inclusions: Footbath, Body Wrap, Cauayan Signature Massage)

COFFEE BODY SCRUB

P 6,600
/120 MINS

A Coffee Scrub will awaken your skin and blast away dead cells which dull the skin's surface as it soothes, hydrates, and nourishes. Coffee with its antioxidants is a great detoxifier, and can also reduce varicose veins and cellulite.

(Inclusions: Footbath, Body Scrub, Cauayan Signature Massage)

CHOCOLATE FACIAL TREATMENT

P 4,300
/60MINS

A chocolate facial is getting more popular by the day. Rich in antioxidants, chocolate helps reverse the signs of aging. It moisturizes your skin, protects the sun damage, and tightens by maintaining collagen production.

(Inclusions: Facial Treatment)



CAUAYAN

ISLAND RESORT

★★★★★

The art of laid back luxury

